

Overnight Oats

<https://www.agoramores.com/food/recipes/overnight-oats>

Tags: food · recipes

Related

recipes

- [recipes](#)
- [bread recipes](#)
- [cucumber tea sandwiches](#)
- [eggs](#)
- [buttermilk recipes](#)
- [radish recipes](#)

food

- [cuisines](#)
- [eating](#)
- [Michelin Star](#)
- [flour](#)
- [bread](#)
- [flatbreads](#)

Overnight Oats

Ingredients

- rolled oats
- greek yogurt
- milk
- chia seeds
- honey
- fruit
- nuts

Preparation

Mix the yogurt with the oats, milk, chia seeds and sweetener. Refrigerate overnight; top with fruit or nuts in the morning.