

# Soy flour

<https://www.agoramores.com/food/ingredients/shelf-stable/soy-flour>

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### ingredients

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- [Black bean sauce](#)
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- [Grapeseed oil](#)

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## Soy flour

Milled soybeans, full-fat. Sixty days: the fat is high and it is not stabilised, so this one goes in the freezer.

## How long it keeps

Unopened, this keeps **2 months** — which is what puts it on [the long shelf](#).

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**As sold**

**Unopened, in the cupboard**

**Once opened**

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Counted from the day you bought it. Figures are the **USDA FSIS FoodKeeper** table's, for unopened storage at room temperature; FoodKeeper counts a month as 30 days.

The table was not pulled from USDA — fsis.usda.gov answers 403 to non-browser clients from this machine — so it came from a mirror of the data.gov dataset and its vintage is unverified. Treat a single figure as indicative, not as a use-by date.

## Related

- [Keeps 60 days or more](#) — the whole cupboard list, by aisle.
- [Ingredients](#) — the wider shelf.
- Same aisle — *Vegetarian Proteins*: [Textured soy protein](#) · [Re-hydrated textured soy protein](#).