

Re hydrated textured soy protein

<https://www.agoramores.com/food/ingredients/shelf-stable/re-hydrated-textured-soy-protein>

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Related

shelf-stable

- Cream sauces, milk solids
- Sugar
- Lemon juice
- Dry egg noodles
- Chia seeds
- Almond oil

ingredients

- Avocado Oil
- Baking powder
- Black bean sauce
- Corn syrup
- Grapeseed oil
- Gummy (fruit) snacks

food

- pies
- Central Ohio U Pick Farms
- cakes
- victoria sponge
- Columbus Farmers Market Seasons
- chiffon cake

Re-hydrated textured soy protein

TSP with the water put back. Once rehydrated it is a perishable protein and keeps four months refrigerated, not two years.

How long it keeps

Unopened, this keeps **4 months** — which is what puts it on [the long shelf](#).

As sold	Unopened, in the cupboard	Once opened
(TSP)	3–4 months	—

Counted from the day you bought it. Figures are the **USDA FSIS FoodKeeper** table's, for unopened storage at room temperature; FoodKeeper counts a month as 30 days.

The table was not pulled from USDA — fsis.usda.gov answers 403 to non-browser clients from this machine — so it came from a mirror of the data.gov dataset and its vintage is unverified. Treat a single figure as indicative, not as a use-by date.

Related

- [Keeps 60 days or more](#) — the whole cupboard list, by aisle.
- [Ingredients](#) — the wider shelf.
- Same aisle — *Vegetarian Proteins*: [Textured soy protein](#) · [Soy flour](#).