

Almond butter

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Almond butter

Ground almonds, sometimes nothing else. Oil separation is normal; the fat is also what puts it at a year rather than two.

How long it keeps

Unopened, this keeps **a year** — which is what puts it on [the long shelf](#).

As sold	Unopened, in the cupboard	Once opened
as sold	1 year	—

Counted from the date on the package. Figures are the **USDA FSIS FoodKeeper** table's, for unopened storage at room temperature; FoodKeeper counts a month as 30 days.

FoodKeeper's own note: *When stored in the pantry, almond butter may become hard and the natural oil may separate and float to the top; this is perfectly normal. To reincorporate the natural almond oils into the almond butter, simply mix it manually or with a hand mixer.*

The table was not pulled from USDA — fsis.usda.gov answers 403 to non-browser clients from this machine — so it came from a mirror of the data.gov dataset and its vintage is unverified. Treat a single figure as indicative, not as a use-by date.

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