

cheapest meats

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below 6 dollars a pound

Type	Cut/Product	Price per lb (USD)	Source
Beef	Ground chuck, 100% beef	\$6.02	1
Beef	Ground beef, 100% beef	\$5.98	1
Beef	Frozen cut beef feet	\$3.49	4
Pork	Chops, center cut, bone-in	\$4.51	1
Pork	Chops, boneless	\$4.60	1
Pork	All pork chops	\$4.22	1
Pork	Ham, boneless (excluding canned)	\$5.45	1
Pork	All ham (excluding canned/luncheon)	\$4.45	1

Pork	All other pork (excl. canned/lunch)	\$3.66	1
chicken	Fresh, whole	\$2.06	1
chicken	Breast, boneless	\$4.22	1
chicken	Legs, bone-in	\$1.79	1
Beef	80% Lean/20% Fat (Walmart)	\$5.86	4
Beef	80/20 Store Overwrap	\$4.99	8
Beef	80/20 (Shoppers)	\$2.49 (sale)	8
White Fish	Pollock or tilapia (frozen, sale)	~\$4.00	7

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