

September Theme

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September Theme — Gather & Rebalance

September is a threshold month: gather what summer produced, restore useful rhythms, and prepare for the quieter work of autumn.

Monthly intention

| Gather what matters. Rebalance what is strained. Begin again with care.

Focus areas

- **Home:** reset one room, archive summer materials, and prepare for cooler weather.
- **Garden:** harvest, preserve, save seed, and plan next year's beds.
- **Body:** return to consistent sleep, meals, movement, and outdoor time.
- **Mind:** choose fewer priorities and make a realistic weekly rhythm.
- **Community:** reconnect after summer and make room for shared learning.

Seasonal prompts

- What is ready to be gathered?
- What can be released before the busy season begins?

- Which routines make the coming season more generous?

September projects

- ☐ Make a harvest and preservation plan
- ☐ Review the [Yearly Calendar 2026](#)
- ☐ Refresh the [agCom To-Do List](#)
- ☐ Choose one skill to practice through autumn

Closing reflection

What did I gather, and what deserves protection through winter?